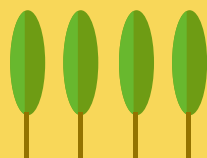




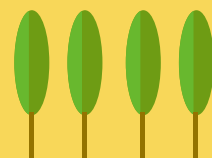
LIVE IN JAPAN, STUDY IN ENGLISH

SHORT-TERM EXCHANGE PROGRAM

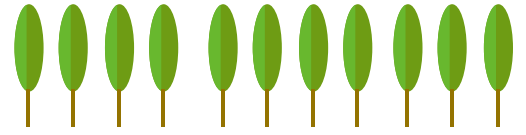
HUSTEP



2023-2024



HOKKAIDO
UNIVERSITY



Welcome to

HUSTEP



HUSTEP broadens your horizons!

The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study in Japan at Hokkaido University. Participants in this program take a wide variety of classes offered in English. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional Japanese cultural activities. Students admitted to the program are eligible to apply for a scholarship.

HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University.

We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.

Dr. Peter Firkola
HUSTEP Program
Director



Ms. Maki Nonaka
HUSTEP Administrative
Coordinator





Program Details

HUSTEP offers students the choice of participating in the One Year or Half Year Course.

The One Year Course allows students to study for two semesters and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties.

The Half Year Course allows students to study for one semester and take classes in English and Japanese language classes.

Students should choose carefully since switching courses is not permitted. Course details are listed below.

Course Overview	One Year	Half Year (Fall)	Half Year (Spring)
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes (optional)	Yes (optional)	Yes (optional)
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes**	No*	No*
Study Period	Late September, 2023- Early August, 2024	Late September, 2023- Mid-February, 2024	Early April, 2023- Early August, 2024
Application Deadlines	February 3, 2023	February 3, 2023	October 20, 2023 Submit applications in October

Eligibility

To be eligible to apply for HUSTEP, students must:

1. be an undergraduate student from an exchange partner university
2. be enrolled and pay tuition fees at their home universities during study in Japan
3. have completed **at least two years of undergraduate study** prior to arrival in Japan
4. have **GPA of 3.0 (B) or better** on a 4.0 scale or equivalent
5. be proficient in English. Non-native English speakers must have a score of **at least TOEFL iBT 79 or IELTS 6.5**
6. be able to arrive in Sapporo by late September or first week of April

Please check HUSTEP application guidelines for complete eligibility requirements.

Application Procedure

For details, please check the HUSTEP website.

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

***Incomplete or late applications will not be accepted.**

***There is a screening process and not all students who apply will be accepted.**

***Please note that due to a limited number of scholarships offered, only a few students will be able to receive them.**

* Students must take a minimum of 10 hours of classes (7 classes) per week to meet visa requirements.

** One Year Course students are required to obtain at least 10 credits in each semester, and at least 8 of these credits should be from core classes.



Classes

Fall semester for Arts and Science in English.

<https://isc.high.hokudai.ac.jp/wp->

Spring semester for Arts and Science in English.

https://isc.high.hokudai.ac.jp/wp-content/uploads/2022/03/syllabus_kokusai2022-1.pdf



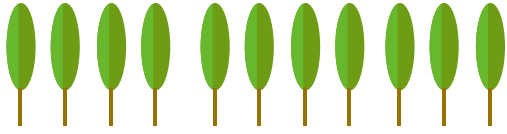
Class Schedule from a previous year

Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
1st 8:45-10:15	Japanese Language	Japanese Language Linear Algebra	Japanese Language Science and Technology in History	Japanese Language Calculus	Japanese Language
2nd 10:30-12:00	Japanese Language	Japanese Language Topics in Japanese Thought	Japanese Language Methods in Language Teaching	Japanese Language Personal Stories and Religion	Japanese Language How We Learn Language
3rd 13:00-14:30	Japanese Language Topics in Japanese Thought	Japanese Language General Biology Gender and Sexuality in Contemporary Japan	Japanese Language School Education and Society in Japan Imperial Russian History from Peter to Petrograd	Japanese Language Contemporary Japanese Society Language Issues in a Globalized World	Japanese Language General Chemistry Chemistry and English for Life Science
4th 14:45-16:15	Environmental Earth Sciences The Age of Total War: History 1904-1945	Hokkaido History The Politics of History in East Asia Food Resources and Environment	Multiculturalism in Hokkaido and Japan Workshop on Critical Thinking Sustainability Studies beyond Hollywood Film	Japanese Management Applied Animal Ecology Music and Culture	Career Planning English Education in Japan
5th 16:30-18:00	Countries and Culture Essential Physics	Hokkaido: Now and Then Music Psychology Agriculture in Hokkaido	International Project Japanese Foreign Policy Essential Organic Chemistry	Japanese Economy Anthropology: History and Debates	Environmental Science for Biological Resources

* On average, students take one Japanese language class and one core class per day.



Academic Calendar



The following is the 2023-2024 Academic Calendar (tentative)



Late September Program Orientation

Early October Classes Begin (Fall Semester)

Late December to Early January Winter Break

Early February Last Day of Classes



September



October



November



December



January



February





Early February to Early April Spring Break

Early April Classes Begin (Spring Semester)

Early August Last Day of Classes



March



April



May



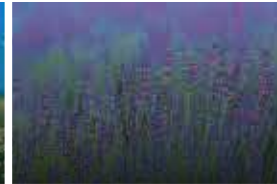
June



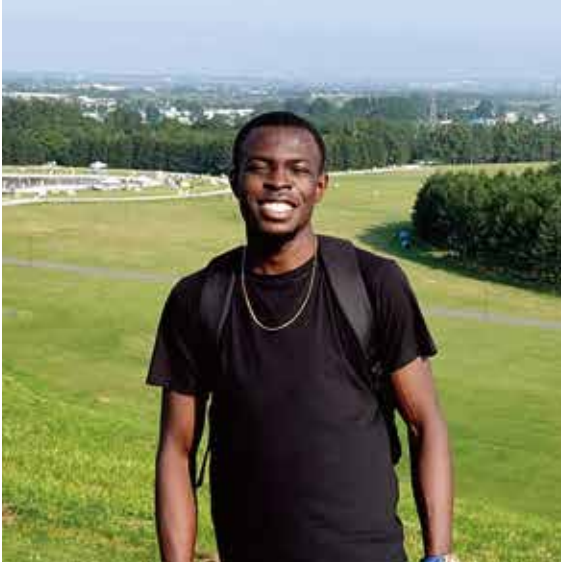
July



August



Participant Views of HUSTEP



HUSTEP was not just an exchange program but the experience of a lifetime. I was changed for the better and saw life from a different perspective. The chance to enroll in classes outside my undergraduate major allowed me to acquire knowledge in diverse fields. Furthermore, working in the laboratory of molecular cell dynamics provided advanced laboratory experience and knowledge about doing laboratory experiments and writing research reports. Most importantly, through HUSTEP, I realized a future that I could pursue, and I developed greater self-esteem.

Victor Njoku
Ebonyi State University, Nigeria



Being part of HUSTEP was a great experience. I joined the Tea Ceremony Club, which allowed me to learn about Japanese traditional customs. The members were kind and welcomed me warmly. Japanese tea ceremony positively impacted me and taught me about manners, beauty, simplicity, respect, appreciation, discipline, and humility. HUSTEP has opened my mind and changed my worldview. I've become more confident and a better person.

Avillia Yufensi Ngagalan
University of Palangka Raya, Indonesia



I enjoyed my time at Hokkaido University and had many amazing experiences. In addition to my studies, I joined the kendo club. The club members were welcoming and helpful. I went to practice three times per week. At the training sessions, members gave me feedback to help me improve. It was a good opportunity to practice and improve my Japanese. It was also an insight into Japanese culture, which was fascinating as a Japan scholar.

Joar Folcker
Aarhus University, Denmark



Participating in HUSTEP was an excellent chance to develop as a person and researcher. I was able to do an independent study together with a Japanese professor. This research was a comparison of the mythological traditions in Japan and Russia. I did a literature survey based on this research topic in the first semester. In the second semester, I wrote a report and gave a presentation based on the research results. Discussing my research with Japanese students helped me understand a different perspective. It was a great learning experience. I was lucky to be part of HUSTEP.

Artem Kalinin

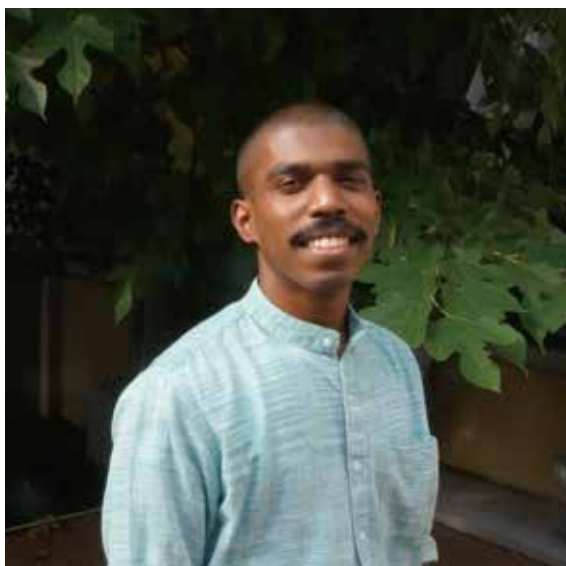
Far Eastern Federal University, Russia



Participating in HUSTEP was one of the best decisions of my academic life. Even during the pandemic, it was a wonderful learning experience. I could take various HUSTEP and Japanese language courses with the best and most caring professors. I could study the Japanese language, history, culture, politics, management, and economy. I was also able to learn from my fellow exchange students. It's an amazing program that allows you to learn a great deal and make friends with people worldwide.

Yesugen Bazar-Uugan

National University of Mongolia, Mongolia



This was a time of great learning, exploration, and growth is how I would sum up my time in HUSTEP. An exchange abroad can be daunting, given that I would spend time away from my comfort zones and support structures back home. However, my experiences at Hokkaido University were extremely positive. I enjoyed my studies and student life in Sapporo. The friends that I've made here have been amazing. The exposure to various nationalities while exploring Japanese culture was exciting and enlightening.

Navaneeth Chirag

Indian Institute of Technology Madras, India



HOKKAIDO UNIVERSITY

Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan. We are unique among Japan's leading universities in the breadth of disciplines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching to offer the best in innovative education. Learning from these top academics exposes students to excellence and challenges them to succeed as leaders in whatever career they choose.



At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await international students on campus. Students can join one of over 250 clubs, participate in sporting activities, visit the university's museum, attend a university festival or just relax with friends on campus. Hokkaido University offers students the chance to gain valuable experiences and to make new friends. Your year abroad at 'Hokudai' will be one to cherish for a lifetime.

Hokkaido University website : <https://www.global.hokudai.ac.jp/>



University Data

- Total Enrollment: 18,094
 - Undergraduate Students: 11,455
 - Graduate Students: 6,544
 - Research Institute Students: 95
 - International Students: 2,024
 - Partner Universities: 732
 - Faculty and Staff: 3,917
 - University Color: Forest Green
 - University Flower: Trillium
- (as of May, 2022)



Life in Sapporo

Sapporo, the city in which you'll be living, is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable city to live in Japan. Sapporo provides an excellent quality of life and an affordable cost of living for students.

Sapporo City website: <http://www.city.sapporo.jp/city/english/>



Aerial View of Hokkaido University Campus





HOKKAIDO
UNIVERSITY



CONTACT

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Hokkaido University HUSTEP 

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

